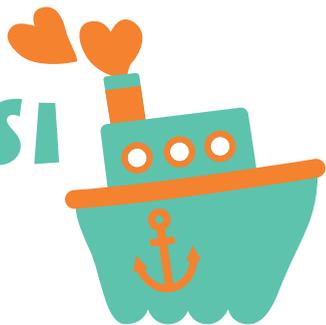


LUOTSI

– for me



The purpose of Luotsi operations is to work more closely with people who require more guidance, in their own environment.

Luotsi is intended for pupils of comprehensive schools' upper stage in Helsinki, whose life's situation requires personal support, but who are not in need of child welfare services or treatment. Participation in the operations is voluntary.

Luotsi work is carried out on the basis of youth work. This means, for example, that the work focuses on the young person's leisure time, affirms them socially and takes place through youth groups and interests.

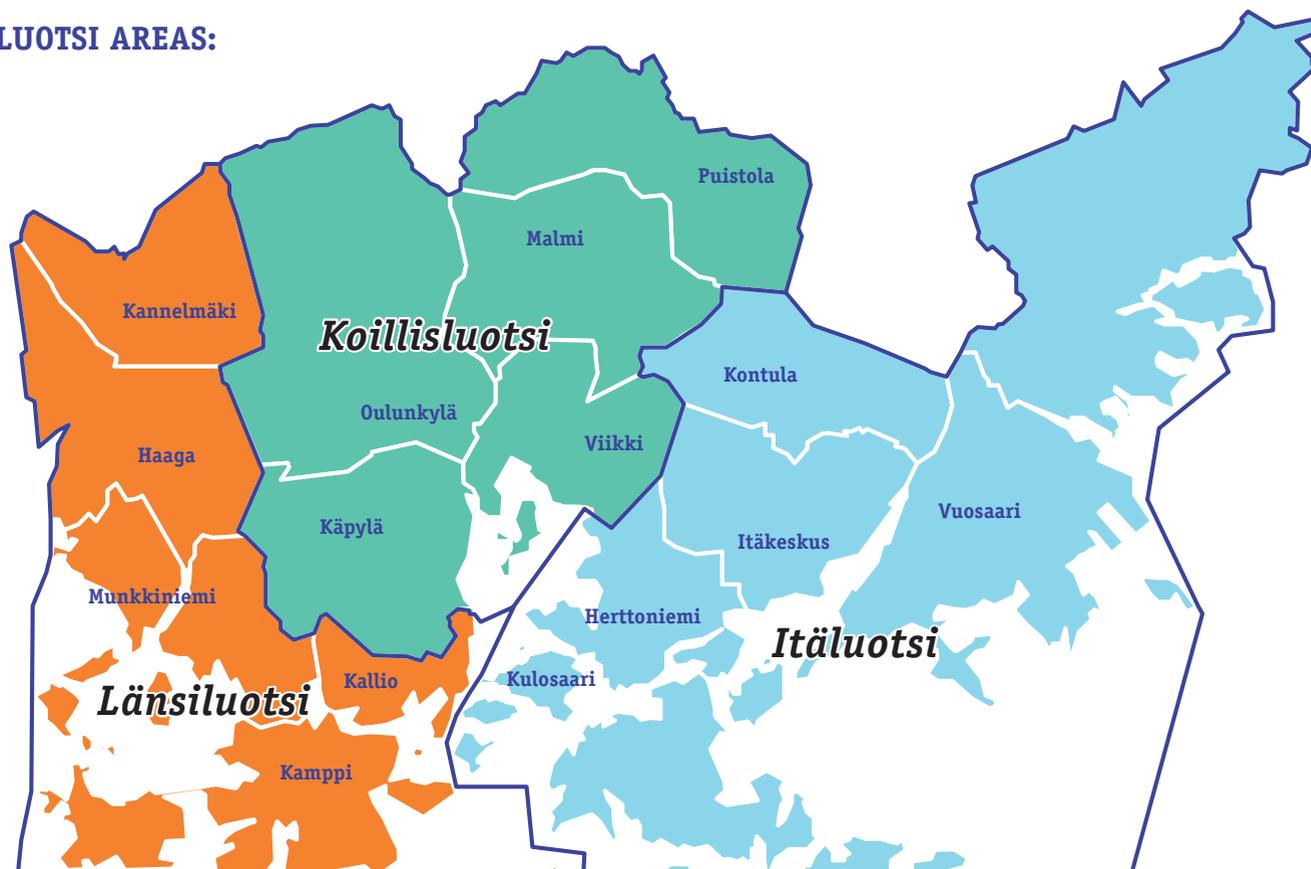
Luotsi is targeted youth work by the City of Helsinki, which is executed in cooperation between the Youth Department and the Department of Social Services and Health Care.

The objectives of Luotsi are:

- to increase the young person's capabilities, possibilities and abilities in various environments and groups
- to provide the young person with positive experiences
- to find some suitable and fun recreational activities and hobbies
- to help the guardians with parenthood
- to offer support in needs related to schooling or life's situations.

Spinnu and Skanssi are Luotsi's specialised work methods. Spinnu provides support, in particular, to young people from Estonian or Russian-speaking backgrounds, and their families. The most central work method of Skanssi is ART (aggression replacement training®), in which the young people practice their social skills, self-control and moral thinking.

LUOTSI AREAS:



luotsi.munstadi.fi

f LUOTSI #luotsi

Contact details

Koillisuotsi (north and northeast Helsinki)
PO Box 5104, 00099 City of Helsinki
(Ala-Malmintori 1, Helsinki 70)
Executive Director 050 559 1792
Youth Worker 050 559 1788
Youth Worker 040 334 7304
Social Care Worker 040 483 7956

Länsiluotsi (west and south Helsinki)
PO Box 5154, 00099 City of Helsinki
(Piianpolku 3, Helsinki 41)
Executive Director 040 646 2499
Youth Worker 040 483 7903
Youth Worker 040 334 7231
Social Care Worker 040 334 7125

Itäluotsi (east and southeast Helsinki)
PO Box 5018, 00099 City of Helsinki
(Pohjavedenkatu 5, Helsinki 98)
Executive Director 050 559 1784
Youth Worker 050 559 1785
Youth Worker 050 559 1786
Social Care Worker 050 380 9636

Spinnu (young people from Estonian
and Russian-speaking backgrounds)
PO Box 5018, 00099 City of Helsinki
(Turunlinnantie 1 A, Helsinki 93)
Youth Worker 040 3347 294
Youth Worker 041 5121 790
Youth Worker 050 5591 723

Skanssi (ART – aggression replacement training)
PO Box 5018, 00099 City of Helsinki
(Turunlinnantie 1 A, Helsinki 93)
Youth Worker 041 5121 720
Social Care Worker 041 5121 773

 nuorisosaiaikeskus
HELSINGIN KAUPUNKI

 Helsingin kaupunki
Sosiaali- ja terveysvirasto

You can participate in **Luotsi** work by contacting the **Luotsi** workers in your area. An adult working with the young person or the young person's guardian can contact the workers. A work method that suits the young person's situation will be agreed upon with them.

Luotsi customises its operations and supports the young person, based on their own hopes and needs. Recreational activities are made available in different environments and suitable groups. The young person will, for example, have the chance to participate in camps and excursions, receive positive experiences in new environments, try out different hobbies and spend time with their peers.

Luotsi helps with school-related matters by working closely together with schools' student welfare groups and teachers.

The **Luotsi** workgroups are comprised of youth workers and social care workers. A personal worker will be appointed to each young person, who is in charge of the individual work with that young person and coordinates their support measures.

In **Luotsi**, a personal plan is compiled for each young person based on their life's situation. Together with the young person, their guardian and, possibly, other people working with the young person, it is discussed what kind of activities and support methods the young person in question needs, and objectives for the work are set. People responsible for these objectives and measures are decided upon, and the work's progress is monitored regularly.

Personalised support for the young person's guardians is offered in any questions related to parenting. The guardians also have the opportunity to participate in parental group activities.

Varied and fun activities

Multidisciplinary work through networking

New experiences, practicing skills

Individual support for young people